

# **Destination Management Plan**

# **APPENDIX 3**

# **PRODUCT & EXPERIENCE AUDIT**

**JUNE 2017** 

This audit was primarily conducted utilising internet searches. It provides an insight into the information and booking opportunities that potential visitors who are planning their trip would find. It is <u>not intended to be an exhaustive list of all products and experiences on offer</u> across the region.

We recommend that a detailed product and experience audit be conducted on the ground to identify any gaps in online visitor information.

For the purpose of the audit, the region has been segmented by key visitor nodes. Adopting approach has made it easier to search by products, location, theme and target market. To some extent the region has already been a marketed via visitor nodes (e.g Manning Valley, Great Lakes and Gloucester). Finally, the visitor node approach also makes it easier to identify where some of the product and experience gaps are.

The five visitor nodes within the region are:

- 1. Gloucester, Barrington Tops, Stroud and Hinterland
- 2. Manning Valley Inland Taree, Wingham Tinonee and Surrounds
- 3. Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
- 4. Forster, Tuncurry, Nabiac
- 5. Manning Valley Coast Diamond Beach, Old Bar, Crowdy Head NP

# GREAT LAKES REGION

#### The Visitor Nodes

# Notes and Gaps identified

There is a variety of product and experience on offer across the MidCoast Council Region. However, through the online product and experience audit there has been a number of gaps in product/experiences offering within the region. The following is a very top-line overview by tourism sector or theme of what products and experiences exist and where there are some opportunities.

# Accommodation

There is a variety of accommodation available across the region, most of which is 3-4 star - including motels, hotels, caravan parks / holiday parks and resorts including cabins and houses, campsites as well as serviced family sized apartments and a wide range of self-contained accommodation and private holiday houses.

The gap in the market is:

- limited high end, boutique accommodation
- lack of integrated food & wine accommodation options only a few farms stays
- very few/limited accommodation options that embrace the natural environment and/or sustainability:
  - upmarket cabins/houses in National Parks/reserves
  - eco resorts / cabins / cottages
  - glamping options

# Nature based activities /experiences

Across the whole region there is an abundance of natural areas to explore via walking/hiking/mountain biking, the majority are self-guided. Barrington Outdoor Adventure offer tours and service the Gloucester/ Barrington very well with a lack of guided tours across the broader region.

The gap in the market is

- Organised tours (outside of Gloucester/ Barrington In Gloucester/Barrington -.
- In Great Lakes and Manning Valley-
  - developing maps and information to link vast number of available walking trails together (there are a lot of individual walking trails, many are quite short
  - a lack of information about hiking or mountain biking. There is either a lack of this type of trail, or there is a gap in information provided
- There are amazing nature experiences available but there is little information on:
  - how and where to hire sporting equipment kayaks, boats, mountain bikes, Stand Up Paddle boards, surfboards etc
  - where to go ie trail/itinerary ideas
- Another opportunity is for fishing eg:
  - if a visitor has their own boat there is a lack of information on best ramps / access and a trail based on the type of fish you can catch / tick off the fishing list
  - if a visitor doesn't have or own a boat, there is a lack of information where to hire tackle, places to fish from shore, best spots to hire a boat, type of fish you can catch (and when)

- There is an opportunity to create some region wide collateral by activity type
  - best short walks, best lookouts, best hikes, top spots for mountain biking, kayaking etc

# Health and Wellbeing

There is a limited number of Spas/health retreats across the whole region. As well-being is a growth market, this could be an opportunity for the MCC region

# Family Activities

Limited number of 'kids' attractions - Big Buzz was the only one found when searching kid's activities, however, there is a number of kid options such as, the movies, tenpin bowling etc, it is just not easy to find when searching by kid activities

# <u>Events</u>

There a number of very popular sporting events across the region, most targeted towards adults.

# Gaps in the market

- Opportunity to package up these events with accommodation / other attractions to encourage longer stays
- Some popular music festivals
- Lack of foodie / food & wine / sustainability / healthy living events/festivals

# Food and Wine

There is a number of local growers and producers. Food and drink will not be a core driver for visitors to choose the MCC region as a destination, however it does create an opportunity to add value to the MCC region experience and also to increase visitor spend while they are in the region if there is access to local produce, good quality cafes and restaurants. The Gloucester Region is doing quite well in regard to food tours and local produce this could be a good example to for the broader Mid Coast region

# Gaps in the market

- Cafes/restaurants focusing on and highlighting local produce: There are a few across the region but they are hard to find and to differentiate from all the options.
- An opportunity to create a guide/trail to highlight best options
  - encourage product development. E.g themed menus, cafes/restaurants around the region could source and use local produce in their cafes and restaurants
- Develop a tailor-made experience, tours or workshops to local
  - farm /winery tours
  - workshops: learn how the locals raise Hereford beef / make local pickles, jams / grow organics / shuck oysters / permaculture etc
  - an opportunity to develop some trails/guides around all the options.
- Develop food/wine events
  - There are lots of farmer's markets, but no food or wine specific festivals

- Wineries
- There are few cellar doors many wineries have wine tastings but by appointment only. There is an opportunity for the wineries to work together to ensure that there is a consistent wine offering across the week and seasons.

# Cultural experiences

There is generally a gap in market for cultural experiences

There are a few self-guided heritage walks but no organised tours

# Gaps in the market

- A lack of Aboriginal Cultural product, however there is an opportunity to develop
  - content for self-guided experience. Eg this content from Coffs Harbour featured on <u>http://pacificcoast.com.au/itineraries-and-trails/aboriginal-stories/</u>
  - meaningful tours/experiences integrated with eco accommodation or other accommodation

# **PRODUCT & EXPERIENCE AUDIT REPORT**

As noted above, this audit was primarily conducted utilising internet searches. It provides an insight into the information and booking opportunities that potential visitors who are planning their trip would find. It is <u>not intended to be an exhaustive list of all products and experiences on offer</u> across the region. We recommend that a detailed product and experience audit be conducted on the ground to identify any gaps in online visitor information.

It covers areas including access (transport), accommodation, events, food and drink offering, experiences and activities, among other key interests for people visiting the region.

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
Access	<ul> <li>Limited public transport</li> <li>Most access via road</li> <li>Rail: XPT train runs 3 services daily from Sydney / Taree / Broadmeadow</li> <li>Gloucester railway station is not within the town's CBD and there is no public transport available to the CBD so private transport needs to be arranged for drop-off/pick-ups.</li> <li>Coach - Daily service from Taree or Broadmeadow</li> </ul>	season): http://www.portstephensferryservice.com.au/web /timetable/

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
	Range of accommodation including hotels/motels, large range of self-contained and farmstay style properties, huge range of cabin and camping to enjoy the natural surrounds and some high-end eco accommodation. Accommodation is concentrated around Barrington Tops and Gloucester, outside of this very limited <b>Motels and motor Inns</b> = Small selection	There is a wide variety of accommodation available in the Great Lakes region from 3-star hotel and caravan parks with upmarket cabins and houses to serviced family sized apartments and private holiday houses. Lack of high end, boutique accom. <b>Motels and motor Inns</b> = LOTS <b>House rentals/ Self-contained</b> – huge selection
	<ul> <li>B&amp;Bs</li> <li>A range of B&amp;Bs 3-5 star</li> <li>A Room With A View B&amp;B – award winning, dinner also available. Meals feature local produce - local free range eggs, bacon, fresh home grown herbs, locally made jams and preserves, Hillview Herb Farm's crisp salad mixes and herb products, local grass fed beef and Barrington Silver Perch. http://www.aroomwithaview-bb.com.au/</li> </ul>	<ul> <li>A number of Real Estate Agents offering holiday rentals + Stayz, Wotif, Booking.com, Homeaway.com.au, etc. – includes wide range of houses and units for short-term rental.</li> <li>Property Inventory (approx.)         <ul> <li>Stayz = 150 + 250 Pacific Palms</li> <li>Airbnb = 300+ + 300 pacific Palms</li> <li>Booking.com = 40</li> </ul> </li> </ul>
	<ul> <li>Copeland House B&amp;B <u>http://copelandhouse.com.au/</u></li> <li>Villa Medici 4 STAR <u>http://www.villamedici.com.au/home</u></li> </ul>	<ul> <li>Resorts - Few</li> <li>NRMA Myall Shores at Bombah Point: <u>https://www.myallshores.com.au/</u></li> <li>Boat House Resort Tea Gardens:</li> </ul>
mmodati	<ul> <li>Farm stay</li> <li>Range of farmstays available, most offering a combination of self-contained cottages and camping options</li> <li>Barkeldine Farm Country Retreat - 125 acres and home to 25 head of cattle, 3 donkeys, geese, wild birdlife, miniature frogs.</li> </ul>	<ul> <li><u>http://boathouseresortteagardens.com.au/</u></li> <li>Pacific Palms Resort         <ul> <li><u>https://www.pacificpalmsresort.com.au</u></li> <li>in             tropical gardens bordering Booti Booti National             Park, this informal resort is a 6-minute walk from             the beach</li> </ul> </li> </ul>
	<ul> <li><u>http://barkeldine.com.au/</u></li> <li>Ashmar Farm Stay - a 500 acre Hereford cattle stud, NSW Tourism Award Winner. Farm activities – milk a cow, feed animals, hay rides, country style evening meals available on request <u>http://www.ashmarfarmstay.com.au/</u></li> <li>Barrington Tops Organic Retreat Farm Stay - 4.5</li> </ul>	<ul> <li>Eco / National Park Cabins and Cottages</li> <li>NPWS accommodation/cottages in Myall Lakes National</li> <li>Park:<u>http://www.nationalparks.nsw.gov.au/camping-and-accommodation/search?StayOption=4&amp;near=Myal%20Lakes%20National%20Park&amp;Extent=In</u></li> </ul>
		<ul> <li>The Sugarloaf Point Lighthouse www.sealrockslighthouseaccommodation.com.au</li> <li>Bombah Point Eco Cottages: <u>http://www.bombah.com.au/</u></li> </ul>
	Self-Contained / House rentals Huge selection - A number of Real Estate Agents offering holiday rentals + Stayz, Wotif, Booking.com, Homeaway.com.au, etc. – includes wide range of houses and units for short-term rental. Accommodation Management Services Gloucester http://www.accommodationmanagementgloucester.c om.au/	

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
ommodation continued	<ul> <li>Stayz = 20         <ul> <li>Airbnb = 20+</li> </ul> </li> <li>Any also have their own websites and are featured on VisitGloucester.com.au - Some highlights:         <ul> <li>Barrington Hideaway – Self-contained cottages.</li> <li>Breakfast hampers, Local Produce BBQ Packs, Kayak Hire, Local Faulls Ridge Wine             <ul></ul></li></ul></li></ul>	

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ontinued	<ul> <li>Caravan and Camping</li> <li>Lots of privately run properties where you can camp: <ul> <li>The Steps Camping Barrington Tops <a href="http://www.thestepsbarrington.com.au/">http://www.thestepsbarrington.com.au/</a></li> <li>Camp Cobark – horse-riding also available <a href="http://www.campcobark.com.au/home">http://www.campcobark.com.au/home</a></li> <li>Cundle Flat Farm offers scenic riverside camping &amp; rustic farm-style accommodation <a href="http://www.cundleflatfarm.com.au/">http://www.cundleflatfarm.com.au/</a></li> <li>Poley's Place is a working cattle property and primitive camping ground <a href="http://www.poleysplace.com/">http://www.cundleflatfarm.com.au/</a></li> <li>Poley's Place is a working cattle property and primitive camping ground <a href="http://www.poleysplace.com/">http://www.cundleflatfarm.com.au/</a></li> <li>Poley's Place is a working cattle property and primitive camping ground <a href="http://www.poleysplace.com/">http://www.poleysplace.com/</a></li> </ul> </li> <li>Lots of options in the NPWS National Parks – generally minimal facilities – <ul> <li>Barrington Tops Campsites - <a href="http://visitgloucester.com.au/attractions/accommodation-npws-barrington-tops-campsites/">http://wisitgloucester.com.au/attractions/accommodation-npws-barrington-tops-campsites/</a></li> <li>Gloucester River Campground <a href="http://www.nationalparks.nsw.gov.au/camping-and-accommodation/campgrounds/woko-campground">http://www.nationalparks.nsw.gov.au/camping-and-accommodation/campgrounds/woko-campground</a></li> </ul></li></ul>	<ul> <li>Hawks Nest: <u>https://www.northcoastholidayparks.com.au/park</u> /info/jimmys-beach</li> <li>North Coast Holiday Parks – Hawks Nest Beach: <u>http://www.northcoastholidayparks.com.au/park/</u> info/hawks-nest-beach</li> <li>NPWS camping grounds in Myall Lakes National Park: <u>http://www.nationalparks.nsw.gov.au/camping- and-</u> accommodation/search?StayOption=1&amp;near=Myal l%20Lakes%20National%20Park&amp;Extent=In</li> <li>Treachery Camp at Seal Rocks <u>www.treacherycamp.com.au/</u></li> <li>Also doing pre-set "Glamping - <u>https://www.airbnb.com/rooms/9534656?guests=</u></li> </ul>
Cruising, sailing and boat charter		<ul> <li>Myall Shores Eco Tourist Resort (boat hire) <u>https://www.myallshores.com.au</u> (Pacific Palms)</li> <li>Boat hire - Frothy Coffee Boatshed (Pacific Palms) <u>www.frothycoffeeboatshed.com.au</u></li> </ul>
Swimming		<ul> <li>Patrolled beaches</li> <li>Hawks Nest beach - October long weekend to Easter; Sat and Sun by volunteer lifesavers</li> <li>Patrolled beaches at Elizabeth beach Pacific Palms, Boomerang and Blueys Beaches Pacific Palms - October long weekend to Easter; Sat and Sun by volunteer lifesavers</li> </ul>

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Paddling & Kayaking	The region is scattered with hiking trails and scenic walks plus some of the best white water kayaking in NSW. Barrington Outdoor Adventures – Full and half day Kayak and Canoe tours, tours, <u>http://boac.com.au/boa-home/</u>	pick up and drop off service, guided tours and group bookings: <u>http://www.lazypaddles.com.au/</u>
- Fishing	Fishing is a popular activity in the region, - There's a number of rivers and dams around Barrington Tops with good fishing including the Dilgry River, Glenbawn Dam, Little Manning & Gloucester Rivers. farm dams Fishing licences can be picked up from the Gloucester Visitor Information Centre, where you can also pick up a copy of the Recreational Freshwater fishing guide There are a couple of Bait & Tackle shops in Gloucester however there are no tours/charters or gear hire	<ul> <li>The Co-op, 46 Marine Drive (no website)</li> <li>Argonaut Deep Sea Fishing <u>http://www.teagardensonline.com.au/index_files/argonaut.htm</u></li> <li>Frothy Coffee Boatshed - <u>www.frothycoffeeboatshed.com.au</u> (Pacific Palms)</li> </ul>

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Walking or mountain biking	<ul> <li>"The ultimate playground for hikers &amp; bushwalkers catering to all experience levels. Pick up maps and information from the Gloucester VIC"</li> <li>Barrington Outdoor Adventures – BOAC – is the number one operator providing gear hire and tours - Kayak, Canoe, Mountain bike, walking and hiking tours, http://boac.com.au/boa-home/</li> <li>Cycling &amp; Bicycle Touring</li> <li>Cycling the Thunderbolts Way - The online blog 'Climbing Cyclist' grades the Thunderbolts Way as the 12th steepest road climb in Australia, with more than 1,200m of elevation gain. www.theclimbingcyclist.com</li> <li>Other Circuits http://visitgloucester.com.au/wp-content/uploads/2016/08/B-Activity-Bicycle-Riding-blue.pdf</li> <li>Waukivory Circuit</li> <li>Bucketts Road Circuit (18km)</li> <li>Bowman Farm Section (32km)</li> <li>Copeland Goldmine &amp; Return (32km)</li> <li>craven Forest Circuit (48km)</li> <li>Bicycle Touring</li> <li>The region is full with secluded country roads perfect for long and short rides. The State Forests also cater to adventurous mountain bikers and trail bike riders. Pick up a map from the VIC</li> <li>Mountain Biking</li> <li>Mountain Bike Park - The Steps -Enjoy 3.5kms of cross country trails, berms, bridges, riverside tracks and trails. Day use of the park \$5. Bike hire available at BOAC</li> <li>Explore the National Parks –</li> <li>Woko NP</li> </ul>	<ul> <li>Yacaaba Headland walking track – a hard walk, 7kms with scenic views over Myall Lakes National Park just north of Port Stephens. http://www.nationalparks.nsw.gov.au/things-to- do/Walking-tracks/Yacaaba-Headland-walking- track</li> <li>Dark Point walking track – 2kms track offering scenic coastal views and rich Aboriginal cultural heritage. http://www.nationalparks.nsw.gov.au/things-to- do/Walking-tracks/Dark-Point-walking-track</li> <li>Booti Booti National Park, Wallingat National Park and the Port Stephens Great Lakes Marine Park to experience the diverse ecology of the Pacific Palms area.</li> <li>Choose from a range of beginner to expert walking tracks to explore the natural beauty of Pacific Palms. These include the <u>Southern Boundary trail</u>, Double Wharf trail, Tip to Tail trail, Booti Hill/Lakeside walking track and the <u>Cabbage Palm</u> loop walking track.</li> </ul>
Horse- riding	<ul> <li>World Heritage Listed Barrington Tops NP</li> <li>Camp Cobark -Riverside Camping and horse riding www.campcobark.com.au</li> <li>Riverwood Downs – 1.5 hour tours http://www.riverwooddowns.com.au</li> </ul>	<ul> <li>Forest Lodge Country Holidays - Does not have website <u>http://www.truelocal.com.au/business/forest-</u> <u>lodge-farm-stay/bulahdelah</u></li> </ul>
Specialist cruises or tours	<ul> <li>Farm gate tours – see section below</li> </ul>	<ul> <li>Luxury Houseboat Hire – Myall Lakes <u>http://luxuryhouseboat.com.au/</u></li> </ul>

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
Children/family activities	ossicking is a great family activity combining leisure, pleasure and treasure into one activity - small scale search for gemstones and/or minerals. In the Gloucester region, amateur fossickers may be lucky enough to find jasper, chalcedony, kimberlite, quartz crystal or gold. Historically, gold was first discovered in the Copeland district by Mr Saxby in 1876 at Back Creek. While fossicking is not permitted in the Copeland Tops State Conservation Area, gold panning is allowed in Copeland Creek at Copeland Reserve. Fossicking supplies at Boydies – supply shop http://visitgloucester.com.au/attractions/shoppin g-boydies-camping-fishing-hunting/ More info - http://visitgloucester.com.au/wp- content/uploads/2016/08/B-Activity-Fossicking- blue.pdf	

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
Heritage and culture	<ul> <li>no website or other information available. Blog page expired this is where the Quambi, Courthouse etc not available through the Stroud Historical Society website</li> <li>Quambi House – House Museum courthouse-museum-stroud. Website only is on great lakes website</li> <li>http://greatlakes.org.au/to-do/art-history/heritage/stroud/quambi-house-museum</li> <li>http://www.heritageaustralia.com.au/resources/1 360-</li> <li>Stroud Creative Community http://artsmidnorthcoast.com/creative_communit y/stroud/#all</li> </ul>	<ul> <li>Bulahdelah Courthouse Museum and Historical Society <u>http://bulahdelahhistorical.org.au</u></li> <li>Myall Community Arts &amp; Crafts <u>http://myallartandcraft.com.au</u></li> <li>Black Possum Fabrics <u>http://blackpossumfabrics.net</u></li> <li>Made@SealRocks art and design products are created and handmade by Nadine Wilson in her studio. <u>http://www.madeatsealrocks.com.au/</u></li> <li>Jenz at Blueys Beach and Coffee Shop <u>www.jenzatblueysbeach.com.au</u></li> </ul>

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	Archery <ul> <li>Avon Valley Archers <ul> <li>www.avonvalleyfieldarchers.com/</li> </ul> </li> <li>Abseiling <ul> <li>Barrington Outdoor Adventures –</li> </ul> </li> </ul>	Learn to Surf <ul> <li>Gary Hughes Surface</li> <li><u>http://www.pacificpalmscoast.info/garyhughe</u></li> <li><u>ssurface.htm</u></li> </ul> Golf <ul> <li>Bulahdelah Golf Club</li> </ul>
	<ul> <li><u>http://boac.com.au/boa-home/</u></li> <li>Rafting <ul> <li>If the Barrington River is too full for kayaking and canoeing, then rafting tours may be available instead. Book via BOAC</li> </ul> </li> </ul>	<ul> <li><u>http://www.lncgolf.com.au/wp/district-clubs/bulahdelah/</u></li> <li>Hawks Nest Golf Club <u>www.hawksnestgolfclub.com.au</u></li> <li>Sandbar Golf Course <u>www.sandbarpark.com.au/</u> Tennis</li> </ul>
Other activities	<ul> <li>Lawn Bowls         <ul> <li>Gloucester Bowling Club <u>http://www.gloucesterbowlingclub.com.au/</u></li> </ul> </li> <li>Tennis         <ul> <li>Gloucester Tennis Club (No website) - <u>http://visitgloucester.com.au/attractions/glou</u></li> </ul> </li> </ul>	
	<u>cester-tennis/</u> Lookouts <ul> <li>10+ lookouts in the area <ul> <li><u>http://visitgloucester.com.au/wp-</u></li> <li><u>content/uploads/2016/08/B-Things-to-do-</u></li> <li><u>Lookouts-yellow.pdf</u></li> </ul> </li> </ul>	beach/tennis/pacific-palms-tennis-club Bowls Bulahdelah Bowling Tea Gardens Country Club Pacific Palms Bowling Club
	<ul> <li>Golf</li> <li>Stroud Golf Club <u>www.golfnsw.org/play-golf/facility/stroud-golf-club/1414</u></li> <li>Krambach Golf <i>Club</i> <u>www.krambachgolfclub.com/</u></li> </ul>	Croquet <ul> <li>Hawks Nest Croquet Club         <ul> <li>www.teagardensonline.com.au/index_files/croduct.htm</li> </ul> </li> <li>Squash Tea Gardens Hawks Nest Squash</li> </ul>

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
Events	<ul> <li>Markets - Lots of markets and farmers' markets throughout the region</li> <li>Barrington Community Market – weekly</li> <li>Booral School Vintage Market - 2nd Saturday Quarterly - Apr, Jun, Oct, Jan</li> <li>Gloucester Farmers Market - 2nd Saturday / Month</li> <li>Gloucester Community Market - Saturday of the long weekends</li> <li>Krambach Community Market - 3rd Sunday / month</li> <li>Gloucester Chillout – Annual in July www.gloucesterchamber.com.au/chill-out- 2016.html - (Markets stalls)</li> <li>Stroud Heritage &amp; Growers Market - 4<sup>th</sup> Sun/month</li> <li>Gloucester District Show – March www.agshowsnsw.org.au/index.php/shows/126- gloucester-show</li> <li>Stroud Spring Fair / Gloucester Floral Festival – Sept https://eventsgloucester.com.au/2016/07/06/st- pauls-spring-fair-sat-17-sep-2016/</li> </ul>	Markets - Lots of markets and farmers' markets throughout the region Bulahdelah Visitor Centre Grounds 1 <sup>st</sup> Sat/month Tea Gardens Village Market – 3 <sup>rd</sup> Sat/month Pacific Palms Community Centre – last Sun/month
Festivals	<ul> <li>Festivals</li> <li>Monkerai Subsonic Music Festival – Dec – held at Riverwood Downs <u>http://www.subsonicmusic.com.au</u></li> </ul>	<ul> <li>Festivals</li> <li>Myall river festival – annual October event - market stalls, street entertainment, kids' entertainment, musical entertainment and fireworks display <u>http://www.myallcoast.org.au/index.php/festival- home</u></li> </ul>

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Sport/family	<ul> <li>Gloucester rubber duck races – March https://eventsgloucester.com.au/2016/03/02/rota ry-duck-races-sun-27-march-2016</li> <li>Gloucester Glowalman Junior Rodeo - July https://eventsgloucester.com.au/2016/06/22/glo walman-junior-rodeo-15-16-july-2016/</li> <li>Gloucester Tri Challenge – Sept 'Mountain Man challenge' – Mountain bike, paddle, run www.gloucestertri.com.au/</li> <li>Stroud Rodeo &amp; Campdraft – Sept www.stroudrodeo.com.au</li> <li>Stroud Brick and Rolling Pin Throwing Contest - annual event held in July between the four townships of Stroud in the world - Stroud in Gloucestershire, England; in Oklahoma, U.S.A.; in Ontario, Canada, and here in NSW http://www.stroudbrickthrowing.com.au</li> <li>Gloucester Motorcycle Expo – April www.gloucestermotoexpo.com.au</li> <li>Gloucester Aero Club Fly – in – Oct http://www.sloucesteraeroclub.org.au/</li> </ul>	<ul> <li>Sports Events</li> <li>Hawks Nest triathlon – Sept <u>http://www.eliteenergy.com.au/</u></li> <li>Wildside Adventure Race – Annual adventure race in October 100-200kmss <u>http://www.wildsideadventurerace.com.au/</u></li> <li>NSW Pro Surf Series Feb 2017 (Pacific Palms) <u>http://www.nswprosurfseries.com/#lblank/c100</u></li> </ul>

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
Food & drink offering	Monkerai at Riverwood Downs Mountain Valley Resort Roadies Café – breakfast lunch and dinner (fri Sat) http://www.roadiescafe.com.au/ The Fox Den Cafe and Wine Bar http://www.thefoxden.com.au/ Tapas, Wine, Live Music Tops Organic Retreat – Gourmet Food and Wine; Accommodation also available http://www.thetopsretreat.com.au/ Perenti Café - focusing on fresh ingredients & local produce. www.perenti.com.au Yim Thai Gloucester https://www.facebook.com/YimthaiGloucester https://www.facebook.com/YimthaiGloucester bther – Couple of Takeaways, Bangers and Mash Bistro it Krambach Hotel, http://krambachhotel.com.au/ Hebbys Bakery Wineries Faulls Ridge Wine - boutique vineyard offering wine tastings by appointment www.faullsridge.com.au Gloucester River Wines - boutique vineyard offering wine tastings by appointment http://www.essentiallybarrington.com.au/gloucest er-river/ Gap Hill - www.gaphillwines.com.au Villa d'Esta - winery + cellar door http://villadesta.com.au/	<ul> <li><u>http://www.kingfishercafe.com.au/</u> Innovative menus with dishes rich in robust flavours and its use of fresh local produce.</li> <li>Clubs and pubs:</li> <li>Plough Inn Hotel, Bulahdelah</li> </ul>

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
Food & drink offering continued	farm gate tours for groups Tour the herb garden and purchase products handmade made onsite http://www.essentiallybarrington.com.au/hillview / Trualong Farm - specialise in coach tours, up to 50 people. Providing home cooking, and tour of farm with aquaculture, Boer goats, miniature ponies, and a plant nursery http://www.trudgalongfarm.com.au/ Minimbah Native Gardens - A fascinating Bush Tucker Garden (NO WEBSITE) http://midcoast.gloucester.nsw.gov.au/recreation/ parksreserves/minimbah-native-garden Kinspirit Iris Farm www.kinspirit.com.au Marrook Farm - Cheese & yogurt www.marrookfarm.com.au Sunhill Dairy Goats www.sunhillskin.com.au	

Precinct Attribute	Gloucester, Barrington Tops, Stroud and Hinterland	Tea Gardens, Hawks Nest, Bulahdelah & Myall Lakes, Seal Rocks and Pacific Palms: Lakes & Beaches
Suggested itineraries	http://pacificcoast.com.au/itineraries-and- trails/tourist-drives/gloucester-scenic-trail- bucketts-mountains/	<ul> <li>The Lakes Way is a coastal tourist drive of 77km in length, beginning 9km south of Taree and ending 5km east of Bulahdelah. The scenic drive passes through pretty beach and lakeside communities and is a peaceful change from highway. From the south, after Bulahdelah, take the Lakes Way turn- off and explore coastal scenery at its best. The drive takes in breath taking views of Myall, Smiths and Wallis Lakes. Branch off to Seal Rocks to visit the beautiful lighthouse or have a meal at Pacific Palms, Forster or Tuncurry at the northern end of the drive. From the north, take the Lakes Way turn-off south of Taree. http://pacificcoast.com.au/itineraries-and- trails/tourist-drives/great-lakes-lakes-way/</li> </ul>

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Access	<ul> <li>Limited public transport</li> <li>Most access via road</li> <li>Bus service: Taree – Newcastle via Hawks Nest/Tea Gardens &amp; Lakes Way daily service: https://www.busways.com.au/ travelling-with- us/route/152/route-152- newcastle-hawks-nest- newcastle/20140301</li> </ul>	<ul> <li>Access from Sydney very easy with upgrades to the Pacific Highway, Manning Valley is just 3.5 hours north of Sydney. Travel by:</li> <li>Road (Private vehicle),</li> <li>Train - NSW TrainLink run 4 trains daily from Sydney to Taree on weekdays and 3 trains daily on weekends. Phone 132 232 or visit www.nswtrainlink.info</li> <li>Coach - Daily services along NSW Coast         <ul> <li>Premier Motor Service on 133 410 or visit www.nswtrainlink.info</li> <li>Greyhound on 1300 473 946 or visit www.greyhound.com.au</li> </ul> </li> <li>By plane - For a great 'day scape' or a weekend getaway, try a short one hour scenic flight with Regional Express Airlines (REX). REX operate daily from Sydney and Newcastle to Taree. Phone 131 713 or visit www.rex.com.au</li> <li>Within the Manning Valley there is limited public transport to get around</li> </ul>	<ul> <li>3.5 hours north of Sydney. Travel by:</li> <li>Road (Private vehicle),</li> <li>Train - NSW TrainLink run 4 trains daily from Sydney to Taree on weekdays and 3 trains daily on weekends. Phone 132 232 or visit www.nswtrainlink.info</li> <li>Coach - Daily services along NSW Coast <ul> <li>Premier Motor Service on 133 410 or visit www.nswtrainlink.info</li> <li>Greyhound on 1300 473 946 or visit www.greyhound.com.au</li> </ul> </li> <li>By plane - For a great 'day scape' or a weekend getaway, try a short one hour scenic flight with Regional Express Airlines (REX). REX operate daily from Sydney and Newcastle to Taree. Phone 131 713 or visit www.rex.com.au</li> <li>Within the Manning Valley</li> </ul>
ommodation	accommodation available in the Great Lakes region from 3-star hotel and caravan parks with upmarket cabins and houses to serviced family sized apartments and private holiday houses. Lack of high end, boutique accommodation. House rentals / Self-contained – huge selection • Property Inventory (approx.) • Stayz = 100	properties, good selection of resorts and a range of cabin and camping to enjoy the natural surrounds. Lack of high-end eco	-

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
	<ul> <li>House on large natural property</li> <li>http://japaralodge.blogspot.co m.au/p/japara-lodge.html</li> <li>Minibah Cottages - Two self- contained, private river frontage cottages with all amenities and set on 100 acre property.</li> <li>http://www.minimbahcottages .com/</li> <li>Whitby on Wallis B &amp; B Lakefront Resorts Holiday Cottage www.whitbyonwallis.com.au/</li> <li>Eco / National Park Cabins and Cottages</li> <li>Clarendon Forest Retreat - including Talawahl Eco Lodge http://cfr.com.au/boutique- cottage-accommodation-nsw/</li> </ul>	<ul> <li>high end options</li> <li>McGowans Boutique B &amp; B , Coopernook http://www.mcgowansbnb.co m.au/</li> <li>Mescal's 4.5* http://www.mescals.com.au/</li> <li>Wallabi Point Bed and Breakfast 4.5* http://www.wallabipointbnb.c om/</li> </ul> Country Retreat / Self Contained – good selection, many with their own website <ul> <li>Chiltern Lodge Country Retreat clustered in the bushland of Khappinghat National Park http://chilternlodge.com.au/</li> <li>Kiwarrak Country Retreat provides luxurious, self- contained accommodation http://kiwarrakcountryretreat.cc om.au/ <ul> <li>Melaleuca Retreat is a selection of luxury rustic country cottages set on a private 100 acre beachfront property in coastal bushland, providing maximum privacy and seclusion. http://www.seasideretreat.co m.au/ <ul> <li>Honeycomb Valley Farm - farmstay, gardens and native bee sanctuary, tours &amp; courses for groups 20+ http://www.honeycombvalley. com.au/</li> <li>Crowdy Beach House</li> </ul></li></ul></li></ul>	<ul> <li>Vault Restaurant offers</li> <li>boutique 4 star</li> <li>accommodation and dining in</li> <li>the heart of historic Wingham,</li> <li><u>http://www.bankguesthouse.c</u></li> <li><u>om.au/</u></li> <li>Mansfield on the Manning</li> <li>Rural Retreat is a boutique</li> </ul>

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Accommodation continued	<ul> <li>Caravan and Camping</li> <li>Huge selection. Majority private caravan/camp grounds limited private land/national park options</li> <li>Forster – 4 holiday parks, Tuncurry – 4 holiday parks</li> <li>Forster Beach Holiday Park http://www.northcoastholiday parks.com.au/park/info/forster -beach</li> <li>Lanis Holiday Island http://www.lanis.com.au/ - range of cabins, bungalows, villas</li> <li>Smugglers Holiday Village - self- contained cabins and cottages, campsites, swimming pool, barbecues,<u>www.smugglerscov ve.com.au/</u></li> </ul>	<ul> <li>Ibis Styles River Lodge Harrington Waters 4* <u>http://www.harrigansharrington.com.au/ibis-styles-river-lodge-harrington-waters/</u></li> <li>Caravan and Camping Holiday Park – quite a few</li> <li>Lanis on the beach – Old Bar <u>http://www.lanisonthebeach.c</u></li> </ul>	http://www.tirrintippin.com/

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Cruising, sailing and boat charter	<ul> <li>Free Spirit Cruises - http://www.freespiritcruises.com.au https://www.facebook.com/freeespiritcruisesforster (Great Lakes website does not appear to have its own )</li> <li>Amaroo Cruise http://amaroocruise.com.au</li> <li>Waterline Boathouse, 15 Little St http://waterlineboathouse.com.au</li> <li>Paradise Marina, 51 Little Street http://www.paradisemarina.com.au/_</li> <li>Blue Peter Boatshed, 95 Little Street http://www.bluepeterboathire.com</li> <li>Aussie Boatshed &amp; Forster Dive Centre 11-13 Little St http://greatlakes.org.au/to-do/water-activities/boating/aussie-boatshed (only website is the GL)</li> <li>Great Lakes Tackle &amp; Camping 23-29 Manning St (no website)</li> </ul>	http://visitmanningvalley.com. au/listing/crowdy-bay- charters/ whale watching tours available	<ul> <li>Manning Valley River Cruises Cruise the beautiful Manning River on "Aboard the Island Explorer" while listening to informative commentary on history and facts. <u>http://www.manningrivercruis</u> <u>es.com.au</u></li> </ul>
Diving	<ul> <li>Forster Dive Centre         <ul> <li><u>http://www.forsterdivecentre.com.au</u></li> </ul> </li> <li>Dive Forster         <ul> <li><u>http://www.diveforster.com.au</u></li> </ul> </li> <li>Action Divers         <ul> <li><u>http://actiondivers.com.au/contact-us.html</u></li> </ul> </li> </ul>		
Swimming	<ul> <li>Patrolled beaches at Main beach Forster, One Mile Beach Forster October long weekend to Easter; Sat and Sun by volunteer lifesavers</li> <li>Rockpools</li> <li>The Tuncurry Rockpool—at the start of the Breakwall</li> <li>Forster Ocean Pool (The Bullring) at Main Beach.</li> </ul>	Kylie's Beach, Harrington Beach	

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Watching	<ul> <li>Fisherman's Wharf Memorial Drive <u>http://www.diveforster.com.au</u> /</li> <li>Amaroo Whale Watch Cruises Forster. Whale cruises depart every day at 10am during the whale season and duration is approximately two and a half hours. <u>http://amaroocruise.com.au/</u></li> </ul>	<ul> <li>Crowdy Bay Charters (no website) http://visitmanningvalley.com. au/listing/crowdy-bay- charters/ whale watching tours available</li> </ul>	
	<ul> <li>Hire a boat, kayak, aqua bike, paddle boat, catamaran, paddle boat, or party pontoon. There are a number of boat sheds and kayak hire in the area. Bikes and Boards - Long &amp; Short, Soft &amp; Body Boards.</li> <li>Paradise Marina - 6554 7017</li> <li>Fisherman's Wharf - 6554 7478</li> <li>Blue Peter Boatshed - 6555 6506</li> <li>Aussie Boatshed - 6555 4477</li> <li>These were not listed on destination website or have their own website</li> </ul>		Spend some time on the Manning River by hiring a canoe or jet ski

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
hing	<ul> <li>Forster Fishing Charters http://www.forsterfishingchart ers.com</li> <li>Ocean Quest Deep Sea Fishing Charters http://www.forsterdeepseafish ing.com.au Forster Estuary Charters http://www.forsterestuarychar ters.com</li> <li>On-strike Charters http://www.on- strikecharters.com/</li> </ul>	<ul> <li>boats, tackle etc</li> <li><u>http://www.visitnsw.com/desti</u></li> <li><u>nations/north-coast/forster-</u></li> <li><u>and-taree-area/hire/bohnock-</u></li> <li><u>bait-and-tackle</u></li> <li>Crowdy Bay Charters (no</li> </ul>	<ul> <li>The Manning Valley is a fisherman's paradise, with a place to drop a line or experience adventure fishing around every corner including numerous, pristine freshwater streams for Australian Bass (perch) and estuaries for quality flathead, bream and whiting.</li> <li>Land based game fishermen, who love the thrill of the chase, are invited to take advantage of our uncrowded beaches and headlands. Or those who prefer to pursue the big blue water species such as snapper, jewfish or marlin, there are numerous boat launching facilities throughout the region.</li> </ul>

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Walking or mountain biking	<ul> <li><u>Cape Hawke lookout</u>, 8.4m tower with 360-degree views of the surrounding area. <u>http://www.nationalparks.nsw.gov.au/things-to-</u> <u>do/Lookouts/Cape-Hawke-</u> <u>lookout</u></li> </ul>	<ul> <li>Coopernook State         Forest http://www.forestrycor poration.com.au/visit/forests/c oopernook     </li> <li>Cattai Wetlands, award- winning beautiful coastal wetland –provides a sanctuary for over 180 species of birds, kangaroos, wallabies and regularly spotted Goanna's. Make your way along one of the many walking tracks, go bird watching, take a picnic or just relax and enjoy the scenery. Open 7 days http://www.midcoast.nsw.gov. au/News-Media/Cattai- Wetlands-now-open-seven- days</li> <li>Coorabakh National Park.Wander amongst giant Blackbutt forest over the shaded boardwalks of the Starrs Creek sub-tropical rainforest. Amble down along a fresh creek to Newbys cave and if the day is warm you simply have to take yourself for a dip in the ever cool Waitui Falls. Some of the most amazing views over the Manning Valley and out to the coastline can be enjoyed here from Newbys, Flat Rock and Vincent's lookouts. http://www.nationalparks.nsw. gov.au/visit-a- park/parks/coorabakh- national- park?gclid=CPvg_avr5c4CFU9xv AodlEQLnA</li> <li>Crowdy Bay National Park</li> </ul>	<ul> <li><u>Coorabakh National Park</u> and observe some of the eighteen forest ecosystems existing within the park. If you'd rather head out on foot, explore the ancient caves or hike up to one of the many panoramic lookouts scattered throughout the park.</li> <li><u>Wingham Brush Nature</u> <u>Reserve</u> and discover patches of rare subtropical lowland rainforest, or spot the greyheaded flying foxes that call the canopies of the reserves 1,000-year-old Moreton Bay fig trees home.</li> <li>Wander through lush rainforest following the <u>Mountain Brush</u> <u>Circuit</u> which winds its way through <u>Tapin Tops National</u> <u>Park</u>. The <u>Headland Walking</u> <u>Track</u> offers scenic coastal views over Saltwater Beach, Khappinghat Creek and the Pacific Ocean.</li> <li>Walk past historical sites on the <u>Wingham Self-Guided Heritage</u> <u>Walk</u> and the Harrington Self-Guided Heritage Walk.</li> </ul>
Horse-riding	<ul> <li>Horse About Tours <u>http://www.horseabouttours.c</u> <u>om</u></li> <li>Clarendon Horse Riding, Possum Brush <u>http://cfr.com.au/horse-riding-holidays-nsw/</u></li> </ul>		

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Specialist cruises or tours	<ul> <li>Dive Forster at Fisherman's Wharf – Dolphin Cruises and Swim with Dolphins <u>http://www.diveforster.com.au</u> <u>/</u></li> </ul>		
n/family activities	<ul> <li>Great Lakes Aquatic and Leisure Centre http://www.ymcansw.org.au/c entres/greatlakes</li> <li>Kids Spot Indoor Centre</li> <li>http://www.greatlakes.org.au/f amily-activity- operators/forster/forster-kids- spot-2 ( Great Lakes website does not appear to have its own )</li> <li>Aqua Golf and Driving Range http://www.forstertuncurrygolf drivingrange.com.au/</li> <li>Big Buzz - fun for the whole family with activities ranging in water slides, toboggan tennis, mini golf, quad bikes and more. bigbuzz.com.au/</li> <li>Putt Putt Golf www.forstertuncurrygolfdrivin grange.com.au/html/puttputtg olf.html</li> <li>Forster Entertainment Centre – Laser Skirmish, Putt Putt golf, tenpin bowling forsterentertainmentcentre.co m.au/putt-putt/</li> <li>Little Darlings Doll Museum and Coffee Shop – Failford http://www.accommodationns w.com.au/attraction/little- darlings-doll-museum-and- coffee-shop/9434</li> </ul>	<ul> <li>Honeycomb Valley Farm - farmstay, gardens and native bee sanctuary, tours &amp; courses for groups 20+ http://www.honeycombvalley. com.au/</li> <li>Kite Muddies offers kiteboarding lessons in a saltwater lagoon adjacent to a white sandy beach. No website</li> </ul>	<ul> <li>Visit Ellenborough Falls <u>http://www.visitnsw.com/destiinations/north-coast/forster-and-taree-area/attractions/ellenborough-falls</u></li> <li>Artisanson the hill – Gallery, artisan workshops, kids craft activities, coffee lounge <u>http://www.artisansretreat.com</u></li> </ul>

Precinct Attribute	Forster, Tuncurry, Nabia	Manning Valley Coast – c Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Heritage and culture	<ul> <li>Forest Arts &amp; Craft http://forsterartsandcrafts. bly.com</li> <li>Great Lakes Art Sociey http://www.glas.org.au/htr boutUs.html</li> <li>Towabba Gallery (Indigenou art) www.tobwabba.com.au</li> <li>Great Lakes Historical Muse www.greatlakesmuseum.co U</li> <li>Little Darlings Dolls House Museum and Coffee Shop r website only a facebook www.facebook.com/littleDa gsDollMuseumcoffeeShop</li> <li>Whitewash Gallery (Hallidar Point (No website only an unused Facebook and TripAdvisor listing) www.tripadvisor.com.au/Artion_Review-g1370809- d7394472-Reviews- Whitewashed_Gallery- Hallidays_Point_New_South ales.html</li> <li>National Motorcycle Museu Nabiac http://nationalmotorcyclen um.com.au</li> </ul>	pieces by local artists. They are located in the original Moorland bakehouse building. (no website) www.visitnsw.com/destination s/north- coast/forster/moorlands- cottage-and-gallery m.a o num rfin m –	<ul> <li>Manning Regional Art Gallery - The Manning Regional Art Gallery provides a range of cultural and artistic experiences to residents and visitors in the Manning Valley. http://manningregionalartgalle rv.com.au/ http://www.fogsmanningvalley .com.au/</li> <li>Manning Valley Historical Society Museum and Archives. Open 10-4 daily http://www.manninghistorical. org/</li> <li>Tinonee Historical Society Museum - a small unique museum where you can research the history of the area http://www.tinoneemuseum.org.au/</li> <li>Artisanson the hill – Gallery, artisan workshops, kids craft activities, coffee lounge http://www.artisansretreat.co m</li> <li>Range of self-guided heritage walks including:         <ul> <li>Wingham Self-Guided Heritage Walk</li> <li>Cundletown Heritage Walk (self-guided)</li> <li>Wingham Self-Guided Heritage Walk</li> <li>Tinonee Self-Guided Heritage Walk</li> <li>Tinonee Self-Guided Heritage Walk</li> <li>Tinonee Self-Guided Heritage Walk</li> </ul> </li> </ul>

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Other activities	Learn to Surf  Forster Tuncurry Surf School (No website) http://www.yellowpages.com.a u/nsw/forster/forster-tuncurry- surf-school-13421523- listing.html Great Lakes Surf School www.greatlakessurfschool.com .au/ Golf: Forster and Tuncurry Golf Club www.forstertuncurrygolf.com.a u/ 2 clubs in one - with 2 courses, 2 club houses Tallwoods Golf Course and Resort http://www.tallwoodsgolf.com. au/ Forster Tuncurry Golf Driving Range http://www.forstertuncurrygolf drivingrange.com.au/ Health and Wellbeing Endota Spa Forster https://endotaspa.com.au/find -a-spa/new-south- wales/regional/forster/ Paul King Massage Forster Health Solutions (does not have own website) http://www.naturaltherapypag es.com.au/connect/paulfkingm assageandassociates/about_us /about_us Great Lakes Aquatic Centre www.ymcansw.org.au/centres/ greatlakes Health services - Sweat Shed Gym Sweat, Great Lakes Naturopathic Centre, Banks and Dade Family Chiropractors Big Buzz –Family fun park – waterslides, gold, toboggan, speed karts http://www.bigbuzz.com.au/	<ul> <li>Muddies offers kiteboarding lessons in a saltwater lagoon adjacent to Old Bar beach. No website http://www.visitnsw.com/thing <u>s-to-do/tours/kite-muddies-</u> kiteboarding-lessons</li> <li>Health and well being</li> <li>Endota Spa Diamond Beach https://endotaspa.com.au/fin d-a-spa/new-south- wales/regional/diamond- beach/</li> <li>Nature</li> <li>Visit Black Head beach - this award-winning beach features an ocean pool, excellent fishing, picnic and BBQ areas under shady Norfolk Island Pines.</li> <li>Manning Point Beach;</li> <li>Old Bar Beach</li> <li>Saltwater and Wallabi Point beaches</li> <li>Saltwater National Park adjoining Saltwater beach has special significance for the local Aboriginal community (Biripi).</li> </ul>	<ul> <li>s-to-do/tours/skydiving-nsw- drop-zone (Doesn't have own website)</li> <li>Taree Craft Centre - regular craft classes are held as well as the Cottage Cafe http://www.tareecraftcentre.com.a</li> <li>Boorganna Nature Reserve</li> <li>Bike tracks and skate parks</li> <li>Brimbin Reserve – 15kms of track</li> <li>Fotheringham Park to Andrews Reserve</li> <li>Harrington Skate park</li> <li>Lookouts</li> <li><u>Flat Rock Lookout</u></li> <li><u>Rowley's Rock Lookout</u></li> <li><u>Ellenborough Falls</u></li> <li><u>Apex Lookout</u></li> <li><u>Blue knob Lookout</u></li> <li><u>Big Nellie Volcanic Plug</u></li> </ul>

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
	<ul> <li>Honeycomb Valley Farm - farmstay, gardens and native bee sanctuary, tours &amp; courses for groups 20+ <u>http://www.honeycombvalley.</u> <u>com.au/</u></li> </ul>		
Other activities	Squash • Forster Squash Centre Forster Squash Centre		
	<ul> <li>Tennis</li> <li>Tuncurry Sports Tennis Club <u>www.sportscourts.com.au/tunc</u> <u>urry/tennis/sporties-tuncurry-</u> tannia club</li> </ul>		
	<ul> <li>tennis-club</li> <li>Twin Towns Tennis Club www.sportscourts.com.au/tunc urry/tennis/twin-towns-tennis- club/o881</li> </ul>		
	<ul> <li>Forster Tennis Club <u>www.tennis.com.au/forsterten</u> <u>nis/</u></li> </ul>		
	<ul> <li>Blackhead Tennis Club (no website) <u>www.sportscourts.com.au/halli</u> <u>days-point/tennis/blackhead-</u> <u>tennis-club/o495</u></li> </ul>		
	Bowls <ul> <li>Forster Bowling Club</li> <li>Sporties Bowling Club</li> <li>Tuncurry Bowling Club</li> </ul>		
	Croquet <ul> <li>Forster Croquet Club (Does not have own website) <ul> <li><u>www.croquet-</u></li> <li><u>nsw.org/clubs.aspx</u></li> </ul> </li> </ul>		

Precinct Attribute	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Events	<ul> <li>Markets - Lots of markets and farmers' markets throughout the region</li> <li>Forster Town Park – 2<sup>nd</sup> Sun/month</li> <li>Forster Farmers Market-3<sup>rd</sup> Sat/month</li> <li>Tuncurry Markets – 4<sup>th</sup> Sat/month</li> <li>Nabiac Farmers Market, last Sat/month</li> <li>Opera By the Lake March 2017 http://www.operabythelake.com/about.html</li> </ul>	<ul> <li>Markets - Lots of markets and farmers' markets throughout the region</li> <li>Black Head Bazaar - 1st Sunday / month (Sep - May) - known as the best market in the Manning. There is a wide variety of stalls: fresh farm picked fruit and vegetables, handmade clothing and jewellery, cakes, biscuits, slices, great food, BBQ and fantastic coffee. www.hallidayspointinfo.com</li> <li>Old Bar Markets – monthly</li> <li>Johns Rover Country Markets – 2<sup>nd</sup> Sat/month http://visitmanningvalley.com. au/events/view- event/5768a63afdb88d352738 2830/</li> <li>Old Bar Light the Nights - Leukaemia Foundation's Light the Night walk https://lightthenight.org.au/</li> <li>Harrington Festival: John Gollan Day Celebrations!</li> </ul>	<ul> <li>Sat /month</li> <li>Johns River Country Markets – 2<sup>nd</sup> Sat/month</li> <li>Wingham Farmers Market www.winghamfarmersmarket. org.au - 1<sup>st</sup> sat/month</li> <li>Rudi's Farmers Markets - every Thursday http://www.mentgesmeats.co m.au</li> <li>Burrell Creek Markets – 2<sup>nd</sup> sat every 2<sup>nd</sup> month</li> <li>Annual Taree Show – Oct, presented by Manning River Agricultural and Horticultural Society <u>http://tareeshow.org/</u></li> <li>Wingham Annual Show - three days full of competitions and rides with all the fun of a true agricultural show. March http://www.winghamshowgrou nd.com.au/show_society</li> </ul>

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Festivals	<ul> <li>Festivals</li> <li>Lakeside Festival – 3-day event in November – Music, Art, Food, Wine <u>http://lakesidefestival.com.au/</u></li> <li>Old Bar Beach Festival - annual community event including the Kombi/Transporter swap meet Australian record attempt <u>http://oldbarbeachfestival.com</u>.<u>au/</u></li> <li>Old Bar Light The Nights – part of a national Leukaemia foundation event <u>www.lightthenight.org.au</u></li> </ul>		<ul> <li>Festivals</li> <li>Taree Night Bazaar – annual community event in Nov http://www.tidyuptaree.com.a u/home/</li> <li>The Wingham Akoostik Festival – 3 days, 70 artists, Food, camping, markets http://www.akoostik.com.au/</li> <li>New Year's Eve Fireworks on the Foreshore Taree</li> <li>Killabakh annual 'Day in the Country' http://killabakh.wixsite.com/da y-in-the-country</li> </ul>
Sporting Events	<ul> <li>Sports Events</li> <li>Forster Adventure Race - Annual event in May - 67km multisport race www.forsteradventurerace.co m.au</li> <li>Junior Spirit – the "Super Kids obstacle race" is the childrens version of the Forster Adventure race, held each May for kids 6-13 https://forsteradventurerace.c om.au/junior-spirit/</li> <li>Ultimate Forster Triathlon Festival – October http://www.eliteenergy.com.a u/event/forster-triathlon- festival/</li> <li>Forster Running Festival - annual event since 2011 with kids' fun run (2 &amp;4Km) and several adult races + a jumping castle, barbecue prize draws. www.forsterrunningfestival.co m.au</li> </ul>	<ul> <li>Dirty Dog Tail Run – Coopernook, takes the popularity of trail running and combines it with a love of dogs. <u>http://www.dirtydogtailrun.co</u> <u>m.au/</u></li> <li>Troy Bayliss Classic - Old Bar Bike Track was the home track</li> </ul>	Wingham Race Club's premium racing event, held in August each year. <u>http://www.twraceclub.com/</u>

Precinct	Forster, Tuncurry, Nabiac	Manning Valley Coast – Diamond Beach, Old Bar, Crowdy Head NP	Manning Valley Inland – Taree, Wingham Tinonee and Surrounds
Food and drink offering	featured on https://www.bestrestaurants.com.a u/nsw/north-coast/forster/all- cuisines/all-features/search • The Sicilian Forster • Paradise Marina, 51 Little Street http://www.paradisemarina.co m.au/ • Reef Bar Grill • Restaurant 26 • The Aztec Forster	<ul> <li>Flow bar - www.flowbar.com.au/ A family friendly café/bar/live music venue located 100m from the beach in the gorgeous coastal village of Old Bar. Listed on best restautants</li> <li>Club Old Bar http://cluboldbar.com.au/</li> <li>Harrigans Irish Pub http://www.harrigansharringto n.com.au/</li> <li>The Other Side Art Café on Moto Rd Ghinni Ghinni (no website)</li> <li>Wineries</li> <li>Bago Vineyards produces chardonnay, verdelho, fortified wines, merlot and ports. Established 20+yrs. Cellar door + shop stocking local cheeses and condiments + a maze <u>http://www.bago.com.au/</u></li> <li>Ghinni Wines (website not working) <u>http://visitmanningvalley.com.</u> au/listing/ghinni-wines/</li> <li><u>Coopernook -</u> Stones Oysters and Seafood – no website but listed on destination websites http://www.visitnsw.com/desti</li> </ul>	<ul> <li>Originally founded on agriculture, the Manning Valley is renowned for fresh local produce and is a foodie's delight. From gourmet restaurants and funky casual eateries to good old-fashioned pub food.</li> <li>Pubs: <ul> <li>Royal Hotel</li> <li>Manning River Hotel - http://manningriverhotel.com.au/</li> </ul> </li> <li>Café/Restaurants</li> <li>Bent of Food - Multi awardwinning café in Wingham with country-style hospitality. www.bentonfood.com.au ; http://www.australianregionalf oodguide.com.au/pmd/listing.php?id=9</li> <li>Mondrook Garden Cafe and Gallery - Tinonee www.mondrookgardens.com.au u</li> <li>Taree – 4 restaurants Listed on Best restaurants of Australia,</li> <li>Bowers Cafe &amp; Gallery – https://www.bestrestaurants.com.au/nsw/north-coast/taree/restaurant/bo wers-cafe-and-gallery Mod Oz cuisine; The dining room has spectacular views of the rolling hills of Kolodong</li> <li>Rios Bar &amp; Grill</li> <li>The Sicilian Taree - http://www.famoustinonee café http://www.famoustinonee cafe.com.au/</li> </ul>

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Food & wine offering continued	<ul> <li>Foodie experience</li> <li>Honeycomb Valley Farm (Nabiac) www.honeycombvalley.com.au</li> <li>Wineries</li> <li>Wallambah Vale Wines (No website but on a number of destination websites) located at Firefly http://visitmanningvalley.com. au/listing/wallambah-vale- wines</li> <li>Villa d'Esta Vineyard http://villadesta.com.au</li> </ul>	•	<ul> <li>Bean Bar - award winning cafe, restaurant, licenced bar &amp; function venue. <u>http://beanbarcafe.com.au/</u></li> <li>Sailo's Restaurant at Taree Aquatic Club <u>http://www.sailos.com.au/aq</u> <u>uatic club restaurant.html</u></li> </ul>
Suggested itineraries	<ul> <li>The Lakes Way <u>http://pacificcoast.com.au/itin</u> <u>eraries-and-trails/tourist-</u> <u>drives/great-lakes-lakes-way/</u></li> </ul>	<ul> <li>Manning Point – Old Bar Scenic Drive <u>http://pacificcoast.com.au/itin</u> <u>eraries-and-trails/tourist-</u> <u>drives/scenic-drive-old-bar-</u> <u>manning-point/</u></li> <li>Harrington – Crowdy Head – Camden Haven – Scenic Drive <u>http://pacificcoast.com.au/itin</u> <u>eraries-and-trails/tourist-</u> <u>drives/scenic-drive-harrington- crowdy-head-camden-haven/</u></li> </ul>	<ul> <li>Nabiac – Krambach – Wingham – Ellenborough Falls – Taree – Harrington <u>http://pacificcoast.com.au/itin</u> <u>eraries-and-trails/suggested-</u> <u>itineraries/manning-valley/</u></li> <li>Gloucester to Taree – Tourist Drive 2 <u>http://pacificcoast.com.au/itin</u> <u>eraries-and-trails/tourist-</u> <u>drives/tourist-drive-taree-to-</u> <u>gloucester/</u></li> </ul>